



Here are some quick recommendations for your visit to the beautiful Richmond, British Columbia for the 2022 CARHA Hockey World Cup!

Travelling Recommendations:

- Travel to and from Canada requires you to have a valid passport. A birth certificate and photo ID are not acceptable for air travel.
- If you are travelling with someone under the age of 18 who is not your child or ward, you must have a letter from a parent or guardian granting him or her permission to travel to Canada.
- Citizens of the United States, most European countries, most former British colonies, and certain other countries (Israel, Korea, and Kazakhstan, for instance) do not need visas but must carry passports to enter Canada.
- You may be required to apply for an Electronic Travel Authorization (eTA).
 - To find out if you require a visa or an eTA please visit www.cic.gc.ca
- VISA's can take anywhere from two weeks to months to receive. It is recommended to apply for your VISA or eTA early so you are not rushed last minute.
- Travel insurance is recommended while travelling to Canada.
- Richmond is nearby the United States border, if you plan on travelling to the U.S, you will need a valid passport to cross the border.

Packing Tips:

- When travelling be sure to pack your prescription medications in their original bottle in your carry on, as well as your tooth brush, and a change of clothes, in case your luggage does not arrive at the same time as you.
- Most airlines will count your hockey bag and hockey sticks as one (hockey sticks must be checked as baggage), although, still confirm with your airline beforehand to ensure a smooth check in.
 - Make sure you tape your sticks together or use a stick bag so they do not get separated.

Need to Knows about staying in British Columbia:



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thecup2020.ca

- Legal drinking age in British Columbia is 19 years old. Valid government ID with picture such as a driver's license or passport is required to purchase alcohol.
 - If you plan to bring alcohol into the U.S, each adult (21+) can bring up to 1 Litre of alcohol across the border.
- Cannabis products are legal for adults in Canada (19+). Please note that cannabis products must be treated like Alcohol and in cases Tobacco use; **you cannot:**
 - Smoke, vape, or ingest cannabis products before or during operation of a motorized vehicle.
 - Smoke or vape cannabis in public areas used by children – same as smoking tobacco.
 - Possess more than 30 grams of cannabis in a public place.
 - Cannabis cannot be transported across the Canadian border.
- For more information on British Columbia's Cannabis regulations, visit [LINK](#).
- Exchange your money before your arrival. At the Vancouver airport, there are nine currency exchange locations. Vancouver Bullion & Currency Exchange is also a quick 10-minute walk from the Athlete's Village.
- Richmond weather is between 8 degrees and 20 degrees celsius in late March/early April, which is 50-60 degrees Fahrenheit. Richmond is known for lots of rain during this time so be sure to pack a raincoat and maybe even an umbrella.
- You can expect to spend a minimum of \$60 a day on food, not including alcoholic beverages.
 - You can count on breakfast costing between \$10-15, lunch costing between \$20-25, and dinner costing \$25+.

CARHA Hockey wants you to have the best experience possible, so please take time to read through the list and refer to the CARHA Hockey World Cup Coordinators for more recommendations if required.

